

OCTOBER, 2023

CHITON ROCKS SLSC NEWSLETTER

Working Bee

Thank you to everyone who contributed their time and effort to the working bee. Your assistance is greatly appreciated. Special thanks to:

Jim Davis, Brett Mahoney, Aaron Lindsay, Lucas Schroeder, Noah O'Callahan, Leo O'Callaghan, Rhonda O'Callaghan, Hugh Mahoney, Will Piper-Bamber, Lucas Garlik, Neville Fielder, Chris Sheehy, Aaron Lewis, Lindy Lewis, George Scarfe, Genny Heartfield, and some potential new members Tom, Toby and Zoe.



Proficiencies and Skills maintenance notice

A reminder that skills maintenance and proficiencies will be held at 9 a.m. on the first date of each patrol. Proficiencies are compulsory to keep your awards current. Before completing your skills maintenance, please ensure that you have renewed your membership for the 2023/2024 season. As well as completing the online theory which can be found on the [SLSA e-learning portal](#). More information will be provided at a later date via email with a link to register. For any questions or concerns, please email William at training@chitonrocks.com

Compliance

Surf clubs, although considered a volunteer service, still have a responsibility under the [WHS Act 2012 \(SA\)](#) and [WHS Regulation 2012\(SA\)](#).

Access to more information is available to [Safework SA](#) – Resources

We are obliged to report Notifiable Incidents which are defined as:

- Death of a person.
- Serious injury or illness.
- Dangerous incident.

A serious Injury or Illness as a result of an incident includes:

- Admission as an in-patient in a hospital.
 - Immediate treatments, such as:
 - Amputation.
 - Serious head, eye, or spinal injuries.
- Serious burns or skin separation (e.g. degloving).
- Loss of bodily function or serious lacerations.
- Medical attention within 48 hours following exposure to a harmful substance.

A person who conducts a business or undertaking must ensure that the regulator is notified immediately after becoming aware that a notifiable incident arising out of the conduct of the business or undertaking has occurred. The Patrol Captain must notify the Club Captain and President immediately if a notifiable incident has occurred during patrol or at any time a member is carrying out duties for the club.

On The Beach

It is important that all preventative actions are taken to minimise the risk of rescues and injuries.

Definitions of Rescues:

A rescue is defined as *“Retrieving a person in distress, delivering them to safety and the application of first aid and basic life support as may be required.”*

Understanding Preventative Actions:

Preventative action is defined as *“Direct action taken to reduce or eliminate the probability of a specific rescue, first aid or other reportable incident from happening in the future. Note: A preventative action will be recorded as the singular activity taken (i.e. clearing the water for lightning will be one action)”*

Importance of Risk Assessment:

Performing risk assessments at the beginning and throughout the patrol is important to ensure the safety of beachgoers. This includes evaluating water conditions, weather and identifying potential hazards. If any hazards are identified, it is crucial to take preventative actions to eliminate and reduce the associated risks.

Logging Preventative Actions

It is always crucial to remember to log preventative actions - this information is used to continuously remind the government of the work volunteers do and helps maintain or increase the funding to Surf Life Saving.

Upcoming comps and carnivals

The first few competitive events of the 2023/2024 season are approaching. Below are the details/information from SLSSA.

1.SLSSA State Board Riding competition

- Dates: October 28th and 29th (backup dates: November 10th and 11th, weather-dependent)
- Location: Middleton Point (subject to change depending on conditions)
- More information: Please refer to circular [#C23051 \(2023/2024 Board Riding Competition\)](#) for detailed information.

2.Kozii Enduro (endurance)

- Dates: October 22nd
- Location: Aquatic Reserve – Bower Road, West Lakes
- More information: Please refer to circular [#C23050 \(Kozii Enduro\)](#) for detailed information.

We encourage as many people as possible to compete in these events especially those who have previously competed in these or similar. If you would like to compete, please email William, competition manager at competition@chitonrocks.com. Information can also be found on the [SLSSA website](#).

Sponsorship

Thank you to Deb and the team from Boylan lawyers for your generous legal support and discounted legal fees. We greatly appreciate everything you have done! Please see the attached flyer for information to get in contact with the.

boylan.
lawyers

**VICTOR HARBOR OFFICE IS NOW AT
14 VICTORIA STREET, VICTOR HARBOR**

HOW CAN WE HELP YOU AND YOUR FAMILY?

We can help you, your family or friends in many areas of law. If you have a query then just ask. We offer a free 30 minute consultation with an experienced lawyer.

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If you are selling, purchasing or transferring a property, Boylan Lawyers can assist you with your conveyancing needs. We have been continuously serving conveyancing clients for over 100 years!

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Everyone needs an estate plan. No matter how small or complex your estate may be, with over 70+ years of experience in estate law, we have the expertise to assist you.

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Hearing Loss

Do you have hearing loss? Have you worked in noise? You may be entitled to receive hearing aids for life and lump sum compensation. Speak to our specialist team today and we will guide you through the process on a no win, no fee basis!

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We provide personal advice in relation to all your potential family law needs. This includes property agreements such as consent orders and binding financial agreements, parenting arrangements, spousal maintenance and divorce. If you, a family member or a friend need assistance, please call us for a free initial consult.

Injury Law

We can help you navigate unexpected accidents, specialising in injury law like worker's compensation, motor accidents, and more. No win, no fee. Contact us for a free consultation.

Speak with us today (08) 8632 2777 or visit us in Adelaide, Port Augusta, Port Pirie, Strathalbyn or Victor Harbor

Upcoming Training

Chiton Rocks will be hosting one SRC course and one Bronze Medallion course this season. If you are interested you are able to enrol via the [courses portal](#) on the SLSSA website. If you have any questions or queries feel free to contact William, Chief instructor at training@chitonrocks.com

The SRC course is designed for young adults aged 13-17 who are interested in becoming a Surf Lifesaver. The course covers a range of skills including beach safety, rescue techniques, first aid and communication.

The Bronze Medallion is a core award for being a Surf Lifesaver. This is aimed at individuals aged 15 and above. This comprehensive course covers all aspects of surf lifesaving including CPR, rescue techniques, signals and patrol operations.

For the Calendar

- Season begins & Nippers registration **Oct 7th**
- Kozii enduro **Oct 22nd**
- Nippers Pool Session **Oct 28th**
- SLSSA State Board Riding comp **Oct 28th & 29th**
- SA Surf League Day 1 @ Chiton **Nov 25th**