

**Club Name:** \_\_\_\_\_

**Patrol Captains Name:** \_\_\_\_\_

**Inspection Date:** \_\_\_\_\_



**2009 / 2010  
Patrol Efficiency Inspections  
First Aid**



<b>Area</b>	<b>Possible Score</b>	<b>Actual Score</b>
<b>Patrol Equipment</b>	<b>200</b>	
<b>Patrol Uniform</b>	<b>100</b>	
<b>Patrol Surround/Shelter</b>	<b>200</b>	
<b>IRB</b>	<b>100</b>	
<b>Signals</b>	<b>100</b>	
<b>Theory Paper</b>	<b>100</b>	
<b>Scenario</b>	<b>330</b>	
<b>Total</b>	<b>1,110</b>	

To be signed at completion of inspection:

\_\_\_\_\_  
Patrol Inspectors Signature

\_\_\_\_\_  
Patrol Captains Signature



## Equipment:

200 points will be awarded for Patrolling Equipment in accordance with Clubs individual Patrol Agreements.

20 points, to be deducted for each item not available as per Patrol Agreement (excepting those items which have been noted unavailable in the Patrol Log due to repairs etc). For example if there is meant to be 3 Rescue Boards, and only 2 are available with no note in the patrol log explaining why - this is a 20 point deduction, if only 1 is available then this is a 40 point deduction.

ITEM	No:	DEDUCTION	ITEM	No:	DEDUCTION	ITEM	No:	DEDUCTION
Stretcher			Blankets			Whistle		
Rescue Tube			Resuscitation Unit			First Aid Kit		
Rescue Board			Patrol Log (Correctly filled in)			Radio		
Binoculars			Emergency Evacuation Flag			Patrol Flags (Set)		
Signal Flags (Set)			Swim Fins			Bum Bags (Protective Equipment Pack)		
Spinal Board								
<b>Total Points (200 less missing items*) =</b>								
20 point deduction for each missing item*								

\*Missing Items: Deduction only made if an item is missing and is not detailed within the log book as either missing, being repaired etc.

## Patrol Uniform

100 Points will be awarded for correctly attired patrol members, with a 20 point deduction for each person incorrectly attired (All members registered to patrol excluding those wearing the orange cap for junior water safety are subject to inspection).

Specifically patrol members must be wearing:

- the red and yellow cap (unless special designated award holder),
- the DHL/Westpac Patrol Shirt and Patrol Shorts (unless involved in water activity)

Number of person on patrol	Number incorrectly attired	Total (100 less incorrectly attired persons)

\*Note – members at a minimum are to be wearing bathers and the patrol cap – if a uniform is worn it must comply with the above.

## Patrol Surround/DHL Shelter

100 Points awarded for having Westpac Surf Rescue Patrol Surround erected on beach.

100 Points awarded for having DHL Patrol Shelter erected above WESTPAC Surround.

Westpac Surf Rescue Patrol Surround on beach	
DHL Patrol Shelter erected	

Note: Should weather not be permitting, and the patrol is signed on as 'Inclement' with Surf Command, then 200 points will be awarded although these items are not erected – only if signed on as inclement.

# Inflatable Rescue Boat

100 Points will be awarded for this area of patrol equipment.

20 points will be deducted for each item missing or not deemed serviceable\*.

ITEM	DEDUCTION	ITEM	DEDUCTION
Rescue Tube		Knife / Knife Holder	
Paddles (set)		Fuel Tank	
Tow Rope		Whistle	
Safety Chain (Attached to boat or motor)		<b>100 (less deductions)</b>	

\*Deemed Serviceable – will mean that should an item be broken or not perform as required that it is not serviceable eg, knife holder broken will be deemed not serviceable and incur a deduction.

Total for Signals Max 100. <hr style="width: 100px; margin: 0 auto;"/>
--

## Signals

A total of 100 points is possible – each signal is worth 10 points.

There are a total of 10 signals, with 5 signals to be given by two people as selected.

Note: Signals are to be completed prior to any scenario activity undertaken.

Person 1		Person 2	
Signal	✓ or X	Signal	✓ or X
Assistance Required		Remain Stationary	
Attract attention between boat and shore		Search completed (after shark alarm) on a board	
Pick up or adjust buoys		Message all clear, understood	
Message not clear, repeat		Investigate submerged object	
IRB wishes to return to shore		Shark alarm on a board	
Total – max 50 points (10 points per correct answer)		Total – max 50 points (10 points per correct answer)	

## Theory

1 paper provided – to be completed by 1 member as selected by patrol captain.

1 x First Aid Paper

A total of 100 points is possible – each question is worth 5 points.

<b>First Aid</b>	
Total – max points 100 (5 points per correct answer)	

# First Aid

<p><b>Instructions to assessor</b></p> <ul style="list-style-type: none"> <li>Scenario takes place on a routine patrol at your club and normal ambulance response times apply</li> <li>Participants work in teams of three (3) – patient, first aid provider, patrol member assistant</li> </ul> <p><b>Instructions to Participant</b></p> <ul style="list-style-type: none"> <li>Using the first aid kit demonstrate the first aid treatment given to a patient with the following injury</li> </ul> <p><b>Scenario</b></p> <p>During a rostered patrol at your beach an observant patrol captain advises the patrol of a patient with a severe fin chop / broken glass cut to his foot. Your patrol captain instructs you to go to the patient's assistance immediately. On arriving at the scene you find the patient is seated on the sand and has put his hand over the wound. When you remove his hand you see a 1 cm deep and 5 cm long cut to the pad of his right foot. The wound is bleeding profusely and stitches may be required.</p> <p>The patient is breathing quickly, his skin colour is pale and his responses seem slow.</p>			
<p><b>Skill &amp; Knowledge demonstration</b></p>			
<p><b>Follow DRABC</b></p> <ul style="list-style-type: none"> <li>Identify as first aider provider and ask for consent</li> </ul>	<p>Identifies as First Aider / Lifesaver</p> <p>Asks for Consent</p>	<p><b>20</b></p>	
<ul style="list-style-type: none"> <li>Put on gloves and position first aid kit appropriate for patient treatment</li> </ul>	<p>Puts on Gloves (all treating)</p>	<p><b>10</b></p>	
<p><b>Patient assessment</b></p> <ul style="list-style-type: none"> <li>Reassure patient and maintain a calm, caring and reassuring manner.</li> </ul>	<p>Re-Assures Patient, Asks Patients <b>Name</b> <b>Age</b></p>	<p><b>20</b></p>	
<ul style="list-style-type: none"> <li>Make patient comfortable</li> </ul>	<p>Makes Patient Comfortable</p> <p>Provides Shade/Blanket as appropriate</p>	<p><b>20</b></p>	
<ul style="list-style-type: none"> <li>Gather information from patient / friend on how injury occurred (time, mechanism)</li> </ul>	<p>Time of Injury</p> <p>Mechanism of Injury</p>	<p><b>20</b></p>	
<ul style="list-style-type: none"> <li>Question how patient is feeling / patient's medical history and pre-existing conditions</li> </ul>	<p>Questions how Patient is Feeling</p> <p>Questions any pre-existing conditions</p>	<p><b>20</b></p>	
<ul style="list-style-type: none"> <li>Observe and note patient's skin colour, breathing, consciousness,</li> </ul>	<p>Observe &amp; <b>Note</b> skin colour</p> <p>Observe &amp; <b>Note</b> breathing</p>	<p><b>20</b></p>	
<p>Scene Management</p> <ul style="list-style-type: none"> <li>Request ambulance / Radio Operations giving details of injury and patient details</li> </ul>	<p>Requests <b>Ambulance</b></p> <p>Radio Operator Radios for <b>Ambulance</b></p> <p>Radio Operator gives details of <b>Injury</b> <b>Patient</b> <b>Location</b></p>	<p><b>50</b></p>	



<input type="checkbox"/> Patrol member to return with ambulance response time and returns to guide ambulance	Patrol Member gives details of Ambulance Response Time	<b>10</b>	
<b>Injury management</b> <input type="checkbox"/> Patient's injured lower leg and foot elevated	Patients leg and injured foot is elevated	<b>10</b>	
<input type="checkbox"/> Clean wound with sterile saline (wiping away from wound)	Clean wound – <b>wipes away from wound</b>	<b>10</b>	
<input type="checkbox"/> Dry wound and cover with sterile non-stick dressing	Dry wound & cover with non stick dressing	<b>10</b>	
<input type="checkbox"/> Cover dressing with firm bandage to maintain direct pressure (check skin colour below bandaging)	Bandage with firm bandage to maintain direct pressure	<b>10</b>	
<input type="checkbox"/> Perform secondary assessment (body check) after permission or consent has been obtained from the conscious patient.	Perform secondary assessment Asks for permission first	<b>20</b>	
<input type="checkbox"/> Reassure patient and make comfortable	Reassure and make comfortable	<b>10</b>	
<input type="checkbox"/> Treat for shock / administer oxygen therapy	Treat for Shock (elevate both legs) Administer Oxygen (check for correct rate 8lpm) <b>Stop</b>	<b>20</b>	
Record Incident & Restore Equipment Questions	Once we have handed the patient to the ambulance what are our next steps?  Inform Surf Command Fill out Patrol Log Fill out incident report log Restock first aid kit Dispose of hazardous waste	<b>50</b>	

	<b>Possible Score</b>	<b>Score</b>
<b>First Aid Scenario</b>	<b>330</b>	

